

## Dolphins Water Polo Club - Summer Training Session - Version 1, 24/09/2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A Grade Mens		6.30-8.00		6.30-8.00		GAME	3.00-5.00
B Grade Mens		6.30-8.00	GAME	6.30-8.00			3.00-5.00
Div Team Mens	6.30-8.00		GAME				
Masters Mens		GAME					7.30-8.30AM
A Grade Women		6.30-8.00		6.30-8.00		GAME	
B Grade Women		6.30-8.00	GAME	6.30-8.00			
Div Team Women	5.30-7.00		GAME				
Masters Women		GAME					8.00-9.30AM
14U Boys		4.30-6.00		4.30-6.00			GAME
Flippa Ball Training	4.00-5.00		6.00-7.00				
	5.00-6.00						